



COOK COUNTY HEALTH

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COOK COUNTY HEALTH
REPORT TO THE BOARD OF DIRECTORS
NOVEMBER 30, 2018

Employee Recognition

Zaundra Boyd, health literacy coach at the CCH Lifestyle Center, participated in the 2018 Diabetes Cook-Off Contest and won in the entrée category for her zucchini pasta with marinara sauce. The Diabetes Cook-Off contest is an opportunity for ordinary cooks to compete and share their best diabetes-friendly, healthy recipe – demonstrating that healthy, diabetes-friendly food can be delicious, affordable and enjoyed by the entire family. Recipe is attached.

Mary Lyons, APN, clinical nurse specialist in Pediatrics, will retire from Cook County Health on November 30th. She will be greatly missed. Ms. Lyons has played an integral role in the Department of Nursing. In addition to serving on various committees representing the department she has been a writer for *The Power of Nursing* Newsletter as well as the Chairperson for the Nursing Policy and Procedure Committee. She celebrates 42 years as a Registered Nurse and on November 30th she was honored as a Pinnacle Leader at *The Power of Nursing* Leadership Conference in Chicago. She leaves the following words of wisdom, "Always try to do your best and never stop learning".

There are a group of behind-the-scenes heroes that managed a significant portion of the day-to-day effort that ensured we moved into the new building seamlessly. These individuals include **Bryan Pravel**, **Brian Alston** and **Darnell Marsh**, IT; **Jerry Pagell**, Telecommunications; **James Driscoll** and **Al Moses**, Project Management; **Kathy Lorenc**, **Jerry Pisitelli**, **Tom Newman**, **Sheila Coleman**, **Reshanna Kelly** and **Susan Walsh** from Purchasing; **Michael Hernandez** and **Shirley Sullivan** from Materials Management; **Terry Garland** and **Paul Konney** from Buildings and Grounds; and **Adesoji Adeyinka** from Environmental Services. From the clinical team, **Kathy Pavkov**, **Jewell Thompson**, **Sandy Oliphant**, **Lenora Martin**, **Beth Vaclavik**, **Siby Joseph** and **Bessie Green**. These individuals were identified by the leadership team as having gone above and beyond to operationalize clinics and administrative office. They worked around the clock and always kept a customer friendly approach.

Anitha Philip, APN has been named the 2018 Advanced Practice Provider of the Year. Ms. Phillip has been recognized for her professional and approachable attitude as well as her thorough assessments and caring attitude toward patients, families and staff.

Activities and Announcements

- In light of the **recent tragedy at Mercy Hospital**, CCH is reviewing its current policies and protocols to ensure that all facilities are as safe as possible for patients and staff. CCH conducted system-wide Active Shooter training this year and will be updating our Workplace Violence Policy to adhere to new guidelines established by the state of Illinois. Staff have been reminded of available resources for domestic violence, workplace violence and active shooter. All CCH training materials and policies are posted to the CCH intranet.
- Through November 26th, 95% of CCH staff have received four hours of **Safety Culture and High Reliability Training**.

IMPACT 2020 Objective 1.4

- **Food As Medicine Update**

Through November 27, **CCHHS's Fresh Truck partnership** with the Greater Chicago Food Depository (GCFD) has resulted in 148 visits to 12 CCH health centers – Austin, Cicero, the CORE Center, Cottage Grove, Englewood, Logan Square, Near South, Oak Forest, Prieto, Robbins, Woodlawn, and Provident/Sengstacke. The move to a permanent Vista Health Center location has delayed the staff training and start date for the Fresh Truck, which is now expected to take place by the end of Q1 of 2019.

Collectively, the Fresh Truck distributions have resulted in the provision of fresh fruits and vegetables to 19,016 individuals, representing 62,607 household members, totaling more than 410,000 pounds of fresh produce. Most of the individuals benefiting from the Fresh Truck screened positive for food insecurity at a CCH health center visit.

Fresh Truck visits for the month of December include the following ACHN Health Centers.

December 4 – **Cicero Health Center** – 5912 W. Cermak Road, Cicero, IL 60804

December 6 – **Austin Health Center** - 4800 W. Chicago Avenue, Chicago, IL 60651

December 11 – **Cottage Grove Health Center** - 1645 Cottage Grove Avenue, Ford Heights, IL 60411

December 18 - **Robbins Health Center** - 13450 S. Kedzie Avenue, Robbins, IL 60472

December 20 – **Englewood Health Center** - 1135 W. 69th Street, Chicago, IL 60621

CCH Fresh Markets have moved indoors for the winter. Fresh produce is supplied by Black Oaks Center, a nonprofit that seeks to create a just, holistic, and local food system through education, entrepreneurship, and access to healthy, affordable foods. CCH partners with Experimental Station's Link Up Illinois Link Match program to offer SNAP users with a match on all purchases at CCHHS Fresh Markets, up to \$20/market/week.

The Fresh Market schedule is listed below:

- Oak Forest Health Center on Wednesdays, 9am-2pm
- Robbins Health Center on Thursdays, 11am-3pm
- Cottage Grove Health Center on Fridays, 9am-2pm

CCH is hosting a **virtual holiday food drive**, in order to support our partnership with the Greater Chicago Food Depository. CCH seeks to raise \$15,000, which will help GCFD provide 45,000 meals to food insecure families throughout Cook County. Donations may be made online at <http://www.myfooddrive.org/#CookCountyHealth> through January 15, 2019.

IMPACT 2020 Objectives 1.1, 6.2, 6.3, 7.4

- Cook County Health hosted a **press conference** with President Preckwinkle and our Congressional delegation on Monday, October 29th to express concern about the recently published changes to the “**public charge**” rule. Last month, the Trump Administration published draft rules to dramatically change the “public charge” test, which would affect immigrants seeking admission into or lawful permanent residency (i.e. green card) in the United States. The changes would expand the number and types of public benefits that could be considered in public charge and effectively add an income test to this process. CCH is strongly opposed to these changes, which would be harmful to our patients and their families, as it would deter individuals who are eligible for these benefits from applying for or continuing their participation in Medicaid, SNAP, and certain housing programs.

The draft rules are currently in a 60-day comment period. CCH will be submitting comments, and encourages staff, community partners, and other stakeholders concerned about these changes to do the same. You can [submit comments online](#) from now until December 10, 2018. For more information about public charge and the proposed changes, visit the [Protecting Immigrant Families website](#).

IMPACT 2020 Objective 7.1

- On October 31, 2018, Cook County Government was found to be in **compliance with the Shakman Consent Decree** and thus released from federal oversight. At a hearing in U.S. District Court, Judge Sidney I. Schenkier granted the parties joint motion for substantial compliance and agreed to dismiss the County from the *Shakman v. The County of Cook, et al.* litigation. Among the accomplishments that have led to achievement of substantial compliance in the *Shakman* case are:
 - Adopting and implementing a comprehensive employment plan in all County offices including Cook County Health.
 - Implementing pro-active and transparent employment-related policies, practices and procedures that will prevent and remedy the negative effects of unlawful political contacts and unlawful political discrimination as required by Executive Order, ordinances and applicable law.
 - Implementing employment-related policies, practices and procedures that prohibit influence of political reasons and factors for non-exempt positions.
 - Requiring reporting to the OIIG for every employee of the County who learns of, or has a reasonable belief that, unlawful political discrimination or political contact has occurred or is occurring.
 - Prohibiting retaliation, punishment or penalty for reporting a political contact, initiating a complaint related to any alleged unlawful political contact or unlawful political discrimination, or cooperating with or assisting those investigations.
 - Adopting regular reporting and auditing requirements related to various elements of the employment plans and supplemental policies in order to increase public transparency and accountability.
 - Developing and conducting extensive training programs to educate employees.

IMPACT 2020 Objective 4.2

- On November 5th, **pediatric patients** at Stroger Hospital received a surprise visit from **United Airlines employees** who handed out teddy bear "Ben Flyin" as part of the United Adventure Bear program, which supports local hospitals and charities and aims to lift the spirits of children across the globe.
- The **Cook County Health Foundation Associate Board's annual fundraising event** was held on Friday, November 9, 2018 at mHub and raised approximately \$25,000 for labor and delivery services at Stroger.

(Select materials and media clips attached)

Legislative Update

Local

- In October 2018, the Cook County Board approved the appointment of Heather Prendergast, MD, MS, MPH to the Cook County Health Board of Directors. Dr. Prendergast is Vice Chair Academic Affairs, Department of Emergency Medicine; Professor of Emergency Medicine; Assistant Dean for Clinical Affairs, Inpatient, College of Medicine; and Attending Physician, Emergency Department at the University of Illinois at Chicago.
- On November 6, seven new Commissioners were elected to the Cook County Board.
 - 1st District Brandon Johnson
 - 3rd District William Lowry
 - 6th District Donna Miller
 - 7th District Alma Anaya
 - 12th District Bridget Degnen
 - 14th District Scott Britton
 - 15th District Kevin Morrison

CCH hosted an orientation for the new Commissioners-elect on November 26. The President and the new Cook County Board will take their Oaths of Office at a Special Cook County Board meeting on Monday, December 3. On Tuesday, December 4, a Special Cook County Board meeting is scheduled for the purpose of organizing the new Board by approving Rules of Procedure and Committee assignments. The Chairman of the Cook County Board's Health and Hospitals Committee also serves as a Director on the Cook County Health Board. Commissioner Dennis Deer (2nd District) is proposed as the Health and Hospitals Committee Chair and Commissioner Luis Arroyo (8th District) is proposed as the Health and Hospitals Committee Vice Chair.

- On November 19, Cook County Board President Toni Preckwinkle filed petitions for Mayor of the city of Chicago. In total, 21 individuals submitted petitions for the office of Mayor. The municipal election is February 26, 2019. The candidate receiving a majority of the votes cast for the office will be declared elected. If no candidate receives the majority, the candidates with the highest and second highest numbers of votes cast will be on the ballot for the April 2, 2019 Municipal Run-Off and Supplementary Aldermanic Elections.
- On November 15, the Cook County Board approved the FY2019 Annual Appropriation Ordinance. There were no opposition amendments to Cook County Health's portion of the budget. The new County fiscal year begins on December 1st.

State

- The Illinois Department of Human Services submitted a waiver to the United States Department of Agriculture requesting that non-disabled adults without dependent children in all eligible areas of Illinois be excluded from the Supplemental Nutrition Assistance Program (SNAP) time limit in 2019. Governor-elect Pritzker has indicated that his team will continue supporting this waiver. CCH signed onto a letter coordinated by the Greater Chicago Food Depository, the Shriver Center, and Heartland Alliance, urging the Governor to seek a waiver. An estimated 260,000 individuals would have been at risk of losing SNAP if the current waiver were to expire.
- The Illinois General Assembly met for their Fall Veto Session November 13-15 and November 27-29. Several veto override votes were taken, including:
 - The Senate successfully overrode the Governor Veto of [SB2332](#) by a vote of 36-19-0. However, this bill failed to get the necessary override votes (62-45-0) in the House, so the Governor's veto of this bill stands. SB2332 would have raised the age to purchase tobacco and tobacco-related products from 18 to 21 years.

- The House and Senate successfully overrode the Governor's veto of [HB4645](#) by a vote of 89-21-1 in the House and 53-1-0 in the Senate. HB4645 extends the repeal date of the Illinois Health Facilities Planning Act (i.e. the Certificate of Need process) from December 31, 2019 to December 31, 2029.
- The House and Senate successfully override the Governor's veto of [SB1737](#) by a vote of 52-0-0 in the Senate and 89-20-1 in the House. SB1737 caps the coverage period for short-term insurance plans at six months. Short-term plans are typically cheaper than traditional commercial insurance products, but cover fewer services and are not subject to protections set forth by the Affordable Care Act. The Trump Administration issued guidance on short-term plans earlier this year that allowed for these plans to be used for a year and renewed for up to three years.
- [SB1469](#) was amended and approved by both chambers. SB1469 makes technical corrections related to the hospital assessment program; extends the deadline for HFS to submit the final rule for the hospital transformation program to March 31, 2019; extends the sunset on nonprofit hospital sales tax exemptions to July 1, 2022 and retroactively validates any previous sales tax exemptions granted under the 2012 hospital property and sales tax exemption law; and extends the requirement for the Illinois Department of Children and Family Services (DCFS) to implement a reimbursement rate for free-standing psychiatric hospitals that care for children beyond the point of medical necessity when DCFS cannot find appropriate placement for these children following the hospital stay.
- On November 6, J.B Pritzker was elected Governor and Juliana Stratton was elected Lieutenant Governor. The Governor, Lt. Governor and state constitutional officers will be sworn in on January 14, 2019. New and re-elected General Assembly members will be sworn in January 9, 2019.
- Governor-elect Pritzker announced the formation of the Healthy Children and Families Committee of his transition team. CCH Board Director David Munar will co-chair the committee along with State Senator Heather Steans and Nancy Ronquillo of Children's Home and Aid.

Federal

- Congress returned to Capitol Hill after the midterm elections for one week of business, November 12-16, before recessing again for the week of the Thanksgiving holiday. While not much has been done legislatively, the elections results will have an impact on health policy going forward.
- Democrats picked up about three dozen House seats to gain the majority in the House of Representatives. This will ensure that efforts to "repeal and replace" the Affordable Care Act will not advance in the 116th Congress. In fact, because most Democratic candidates made health care, especially the ACA's consumer protections, central to their campaigns we may see efforts in the House to shore up the health care system. These efforts have at least theoretical potential to be bi-partisan since many Republicans, including the president, argued on the campaign trail that they, too, want to ensure protections for people with pre-existing conditions.

The House will also likely be a backstop against movements to fundamentally change the structure of Medicaid, including imposing block grants, caps or other cuts. Having said that, we will continue to be concerned that ballooning budget deficits could reignite talk of a budget "grand bargain" which could make changes to the big three federal entitlement programs – Medicare, Medicaid and Social Security.

The House will begin more aggressive oversight of the administration, including the political leadership and the regulatory actions of the U.S. Department of Health and Human Services and the public charge rule of the U.S. Department of Homeland Security. Legislative action on gun control is also almost certain, although the Senate would be unlikely to take it up.

The Energy and Commerce Committee, the House committee with jurisdiction over Medicaid, is likely to be chaired by Rep. Frank Pallone (D-N.J.). Cook County Reps. Bobby Rush and Jan Schakowsky are both senior

members of the committee and will be likely to retain their seats. Rep. Robin Kelly is also said to be seeking a seat on the committee.

- Republicans increased their majority in the Senate by at least three seats. This will give Majority Leader Mitch McConnell (R-Ky.) additional room to maneuver on votes to confirm presidential nominees. While “repeal and replace” is off the table, we could see efforts to shore up protections for people with pre-existing conditions, especially if the lawsuit filed by Republican state attorneys general in a federal district court in Texas is successful in striking down parts of the ACA.

On November 16, Sen. Chuck Grassley (R-Iowa) announced that he would seek the chairmanship of the powerful Senate Finance Committee, which has jurisdiction over Medicaid and Medicare as well as the tax code. Sen. Grassley has supported Medicaid block grants and per capita caps in the past. Notably, he has also been a sharp critic of not-for-profit hospitals and was the architect of the new requirements for hospitals to conduct community health needs assessments and enhanced reporting of community benefit on form 990 H which was included in the ACA.

Sen. Lamar Alexander (R-Tenn.) will likely retain the chairmanship of the Senate Health Education Labor and Pensions Committee, which has jurisdiction over public health programs as well as the 340B program. Sen. Alexander continues to be interested in making changes to the 340B Prescription Drug Discount Program and as the debate over prescription drug prices heats up, there could be a risk of 340B cuts being included in broader negotiations with the pharmaceutical industry.

Sen. Durbin will retain his position as minority whip, the number two leadership position in the Democratic caucus and seats on the Appropriations and Judiciary committees.

- Early next year Congress will likely take up a package of health care “extenders” – that is popular health care programs that are set to expire. This is a likely vehicle for further delaying the scheduled cuts to the Medicaid disproportional share hospital (DSH) payments. The current delay ends September 30, 2019.

On October 25, the Medicaid and CHIP Payment and Access Commission (MACPAC) met in Washington, DC. MACPAC is developing policy options for structuring the statutory DSH allotment reductions, assuming (as they must) that they will go into effect. The consensus seemed to be that low income would be the best measure to apply in a rebalancing of DSH allotments, followed by un-insurance rates. The notion of using a measure of Medicaid shortfall was not embraced. This discussion focused only on state allotments. The other questions, especially how states target funding for DSH hospitals is not being addressed in this report.

MACPAC also had a robust discussion on the Public Charge Rule — MACPAC will be commenting — and on the problematic lack of experimental design for the new Arkansas Medicaid work requirement “demonstration.” MACPAC voted to call on HHS to pause any new approvals of work requirement waivers until proper design, protocols and data collection, etc. can be developed.

- On November 13, the Center for Medicare and Medicaid Services (CMS) wrote to state Medicaid directors offering a new waiver for adults with severe mental illness and children with serious emotional disturbance. Among other things, CMS would ease the Medicaid institutes of mental disease (IMD) exclusion for this population, provided the state was making a complete continuum of community-based services available.

On November 14, HHS Sec. Alex Azar said in a speech that CMS was looking at offering a new waiver that would allow Medicaid to pay for services that manage the social determinants of health, similar to previous waivers given to Illinois, California and others.

Protection of Medicaid remains a key priority for CCHHS at both the State and Federal level.

Community Outreach

December 1	CCH and CountyCare promotion at the 3rd Annual LGBTQ Care Fair hosted by Affinity Community Services and the Care Plan at their offices located at 2850 S. Wabash Avenue in Chicago. The wellness event is targeted to the LGBTQ communities and people of color with the goal of building knowledge and linkage to care opportunities. Workshop topics include: Medicare and Medicaid; Aging with Family of Choice; and Financial Planning for Retirement and Beyond.
December 1	CCH and CountyCare promotion at the Healthy Kids Resource Fair , which is hosted by Chicago Public Schools at Clark Academy Prep Magnet High School located at 5101 W. Harrison Street in Chicago. Chicago Public Schools is partnering with various health, food, and community partners for a community resource fair which will have onsite health insurance and SNAP enrollment available to attendees.
December 2	CCH and CountyCare promotion at the St. Michael's Church Health and Resource Fair which will take place at the church located at 8237 S. South Shore Drive in Chicago.
December 3	CCH and CountyCare promotion at 4th Annual Christmas Tree Lighting Ceremony hosted by the Saint Peter & Paul Church, Habitat for Humanity Chicago and the West Pullman Neighborhood Association at the church located at 12344 S. Halsted Street in Chicago. The theme of the 4th Annual Christmas Tree Lighting Ceremony is Humility, Peace, and Justice.
December 4	CCH and CountyCare promotion at the Savvy Senior Health & Resource Fair hosted by Wellcare and Oak Street Health at the Oak Street Health - Health Center located at 4417 West Diversey Avenue in Chicago.
December 7	CCH and CountyCare promotion the 46th Ward Annual Senior Health Fair which is hosted by James Cappleman 46th Ward Alderman will take place at Weiss Memorial Hospital located at 4646 N. Marine Drive in Chicago.
December 13	CCH and CC promotion at the Nathan Hale Middle School Career Fair which will take place at the school located at 5200 135th Street in Crestwood. The mission of Nathan Hale Middle School it is to inspire and engage students to become prepared for college and careers where they can utilize their skills to the best of their abilities. Since exposure to different career options is vital to their success, faculty of the school have invited a variety of professions to visit with students and share details about their careers. Simon Piller, MD and Jacqueline Marshall, MD from the Robbins Health Center will visit classrooms and share why they chose the Medical field and what inspires them to continue in the field.
December 15	CCH and CountyCare promotion at Walker Memorial Annual Health Fair which is hosted by Sinai Health Ministries at the Walker's Temple Church of God In Christ located at 3708 W Chicago Avenue in Chicago.
December 21	CCH and CountyCare promotion at Leland STEM School Resource Fair which is hosted by the school at their facility located at 512 S. Laverne Avenue in Chicago.

Zucchini Pasta with Marinara Sauce

***Zaundra Boyd**, health literacy coach at the CCH Lifestyle Center, won the entrée category for her zucchini pasta with marinara sauce in the 2018 Diabetes Cook-Off Contest.*

Zucchini Pasta with Marinara Sauce

- 2 -3 large zucchini
- 2 1/2 cups tomatoes
- 12 sundried tomatoes, soaked to soften
- 3 dates, pitted and soaked to soften
- 1/4 cup olive oil
- 3 cloves of garlic
- 2 Tbsp parsley
- 1 tsp sea salt
- 1/8 tsp cayenne

Directions

Spiralize the zucchini in a spiral slicer or spiralizer.

Place the remaining ingredients into a food processor with the S-blade and blend until smooth (can leave a little chunky if you prefer).

Pour sauce over the pasta and serve. Garnish with fresh basil or oregano.

